

in fitness and recreation p. 7

Success

The result of initiative

By LT Brett Cartwright

Some years ago, three brothers left the farm to work in the city. They were all hired by the same company at the same pay. Three years later, Jim was being paid \$500 a month, Frank was receiving \$1000, but George was now making \$1500.

Their father decided to visit the employer and find out the basis for the unequal pay. The employer listened to the confused father and said, "I will let the boys explain for themselves."

Jim was summoned to the supervisor's office and told Jim, "I understand the Far East Importers have just brought in a large transport plane loaded with Japanese import goods. Will you please go over to the airport and get a cargo inventory?"

Three minutes later, Jim returned to the office. "The cargo was 1,000 bolts of Japanese silk," Jim reported. "I got the information over the telephone from a member of the crew."

When Jim left, Frank, the \$1,000-a-month brother, was called. "Frank," said the supervisor, "I wish you'd go out to the airport and get an inventory of the cargo plane which was just brought in by Far East Importers."

An hour later, Frank was back in the office with a list showing that the plane carried 1,000 bolts of Japanese silk, 500 transistor radios, and 1,000 hand painted bamboo trays.

George, the \$1,500-a-month brother, was given the instructions.

Working hours were over when he finally returned. "The transport plane carried 1,000 bolts of Japanese silk," he began. "It was on sale at \$60 a bolt, so I took a two-day option on the whole lot. I have wired a designer in New York offering the silk at \$75 a bolt. I expect to have the order tomorrow. I also found 500 transistor radios, which I sold over the telephone at a profit of \$2.30 each. There were 1,000 bamboo trays, but they were of poor quality, so I didn't try to anything with them."

When George left the office, the employer smiled. "You probably noticed," he said, "that Jim doesn't do what he's told, Frank does only what he's told, but George does without being told."

The future is full of promise for one who shows initiative.

IKE CHAPEL SCHED

Roman Catholic Mass—Sundays at 1500 Confessions heard before Mass Protestant Worship Service—Sundays at 1600 Weekday Catholic Mass—Monday-Friday at noon All services aboard ship in Classroom 2 (02-88-8-Q)

Special shore duty programs

Enhance your career on land

By NC1(SW) Andrea Newborg

Are you considering trying something different when you roll to shore duty? The Navy has many types of shore duty that allow a Sailor to do something a little different instead of the regular in-rate shore duty. The majority of these programs are career enhancing. I always encourage First Class Petty Officers to choose one of the "big three" when rolling to shore duty. The "big three" are: Recruit Company Commander, Instructor Duty and Recruiting Duty. These three programs have statistically higher CPO selection rates than other types of shore duty. In addition they allow for personal growth and have a direct impact on the future of the Navv.

The process for going to special programs for shore duty is easy. You begin by requesting to be released by your rating detailer to the shore special programs detailer. As long as your rate is not undermanned for shore billets you should have no problem getting released. Next, you contact the shore special programs detailer by phone and inquire about the jobs available. Very few of these special programs jobs are listed on JASS so it is always best to call the detailers. Once you are picked up for a special programs billet, you must be screened. Depending on the type of duty screening can involve medical, dental, financial and admin screening.

In addition to the "big three" there are many types of shore special programs such as Brig Duty, Command Career Counselor, White House Staff Duty, Flag or Staff Duty, Blue Angels, Arizona Memorial, Ceremonial Guard, USS Constitution, etc. The entire list, along with screening requirements, is located in the Enlisted Transfer Manual under chapter nine. Try something different for shore duty. A shore tour outside of your rate can be very rewarding!



To learn more about special shore duty assignments or view what's available through JASS, visit the command career counselors on the second deck of the FAF



Proudly serving the crew of the USS Dwight D. Eisenhower (CVN 69). The Five Star is grateful to the Print Shop and Photo Lab for their support. The Five Star is published by the USS Dwight D. Eisenhower (CVN 69) Public Affairs Office for the IKE crew. Contents are not necessarily the views of, nor endorsed by, the U.S. government, the Department of Defense, the Department of the Navy, or the Commanding Officer of USS Dwight D. Eisenhower (CVN 69).

CAPT Charles Smith Commanding Officer

Editor

JOSN Benjamin Jarvela

Asst. Editor/Layout

JO1(SW) Mike Kramer

Staff Writer

JO2 Xzaiver Jordan

JO3 Paul Simonds Staff Writer

LT Allie Freeman **Public Affairs Officer**

Staff Writer

JOCS(SW) Priscilla Kirsh

Public Affairs LCPO

JOSN Michael Perez

Chris Harper, the fitness and

ABOUT THE COVER:

sports coordinator at Gen Rec gym, displays the cardio vascular equipment used in the Micro-Fit evaluation. GEN REC is a free facility available to all IKE Sailors and dependants. Photo by JOSN Benjamin Jarvela

Visit us on the web @ www02.clf.navy.mil/eisenhower

Making the best of By JO1(SW) Michael Kramer

ing the best of By JO1(SW) Michael Krame The Worst of Times

IKE Sailors help neighborhood during hurricane aftermath



BM3 Alexander Menashe scales a fallen tree with an ax in an effort to clear the road of debris following Hurricane Isabel, which left much of the Hampton Roads area in shambles.

After pummeling Hampton Roads Sept. 18 with several hours of storm surges and 87 mile-an-hour winds, Hurricane Isabel moved on, leaving residents to survey the wreckage the storm left in its wake. Flooding, splintered and uprooted trees, broken glass, and downed power lines were a common sight throughout the region.

Aboard USS Dwight D. Eisenhower (CVN 69); BM3 Alexander Menashe, BM3 Edward Conant and SN Aleiza Tate; three Sailors who'd been aboard protecting the ship for the past three days, were relieved the morning of Sept. 19. After their arduous ordeal, they would have been completely justified in going straight home and diving headlong into their respective beds for some much-needed and well-deserved rest.

Instead, they plunged headlong into community assistance projects in Buckroe Beach, which had borne the brunt of the hurricane and had also been the site of several tornadoes that touched down in the area.

"While I was on the ship, I heard Buckroe Beach had sustained a massive amount of damage from the hurricane," said Menashe. "My number one priority, once I got off the ship, was to make sure my friends and neighbors were okay. Once we saw the state of the neighborhood, it was very clear they needed every bit of help we could aive."

The first order of business, Menashe added, was to clear debris out of the roads to make them accessible for emergency and city vehicles so they could begin to assess the damage to the neighborhood and begin working to restore power. For this task, his Jeep Wrangler and a length of line he had saw constant use as the volunteers went to work towing fallen branches away.

"Once we started clearing the streets, we were able to get to people's yards and houses," Menashe said. "That was a major concern, because there were a lot of people with trees that had fallen onto their houses and garages, which was impeding their ability to get in and out. Some people were trapped in their houses because fallen tree had sealed the exits. They were screaming at us from windows. So, we used chainsaws to cut away sections of trees that I could pull away with my Jeep."

After they had helped clear roads and make houses and yards accessible, Menashe, Conant and Tate built two cooking fires in Menashe's yard so neighbors would have some means of obtaining hot meals in spite of power outages. Then, they participated in a neighborhood watch to protect the area from looters.

"We made an arrangement with the Buckroe Division of the Hampton Police Department that would allow us to stay out after curfew to patrol Tappan Avenue from Mallory Street to Second Avenue," Menashe said.

Between clearing debris, building and tending cooking fires and patrolling the neighborhood, the volunteers worked through the weekend with little or no sleep. Only Monday morning, Sept. 22, and the beginning of a new work week aboard IKE, tore them away from their community involvement.

"I think that any time individuals can look beyond their own wants and needs to help out the community, it's a laudable act," said IKE's Second Division Officer, LTJG Dennis Doyle. "The effort these Sailors put forth represents the sort of military service to the community that we look for. Obviously, I'm very proud of them."

What makes the volunteers' effort and self-sacrifice all the more remarkable was that only one of them, Menashe, lives in Buckroe Beach and therefore had an interest in getting the neighborhood on its feet. Tate lives in Huntington Hall and Conant lives in Hampton.

"We heard about the damage to Buckroe Beach while we were still on the ship," said Tate. "We knew some people who lived in that area, so we thought we'd go see what needed to be done. When we found out Petty Officer Menashe was going to do some work there, we asked if we could come and help."

"I was overjoyed to see that people who worked with and for me were so eager to get out and help, even after working for days on the ship to make sure Dwight D. Eisenhower was safe," said Menashe. "I'd had more people volunteer, but there were only so many I could fit in my Jeep." 🧚



Photo courtesy of BM3 Alexander Menashe

Menashe uses his jeep to pull debris from the yard of a neighbor.

SMO's Corner: Static electricity can kill

By LCDR Walter Dalitsch

Overall it appears that we've all survived that nasty little storm fairly well. A few of us are remodeling our homes out of necessity, some of us have a year's supply of firewood and enough new mulch to re-

landscape, and some have enjoyed the pleasures of camping (mosquito netting, lanterns, freeze-dried food, etc.). For the most part, everybody's happy and healthy.

Safety and health, as always, became an important issue during the recent hurricane. The newspaper and radio (if you had batteries) and television (if you had a generator) covered a lot of topics...everything from how to operate a chainsaw to what food can be kept versus thrown out to how not to breed West Nile in standing water.

But one important and SCARY issue I haven't seen is static electricity. How many folks are out there refilling their gasoline cans for generators or chain saws? Quite a few last week, fortunately less this week, and by next week hopefully not many. But throughout the year, gas

cans are filled at service stations for lawnmowers, weed-whackers, snow-blowers, go-carts, snow machines, and so on...SO THIS AP-

PLIES TO YOU!

Although not the first

time this problem has come to my attention, I have one anecdote I'd like to share. While studying burn care at the Brooke Army Medical Center in San Antonio, we had a patient with severe burns over most of

his body, requiring months of care to keep him alive (fortunately), go through multiple skin grafts, and rehabilitation to return him to normal functioning. All because he DID NOT FILL HIS GAS CAN CORRECTLY!

What was the problem? STATIC ELECTRICITY! Did you know that sliding a plastic gas can across a pickup truck bed liner can build up enough static electricity to BLOW UP TWO VEHICLES? It's happened over and over again. Or that fueling a can sitting inside your car can also blow it up? Or that if you slide across the seat in your vehicle while refueling can also blow it up? Think about the fun you had sliding your socks across a carpeted floor and shocking your friends as a kid. It's the same con-

cept.

So set your gas can on the ground, away from the vehicle, to discharge static electricity prior to filling. Before re-entering your vehicle, place your bare flat hand on the metal of the vehicle to discharge yourself. And it goes without saying not to smoke while refueling either! Stay safe. **





Important stuff for IKE Warriors. . .

Uniform shift - winter uniforms

The shift to the winter uniform of the day for all ships and stations within COMNAVREG MIDLANT AREA of responsibility will take effect 0001, Oct. 27, 2003.

IKE catfish & bass tournament

OCT 10 -13 On the James River, Williamsburg (Jamestown Campsite and Resort). Prizes awarded for: Largest catfish, largest bass (striper/largemouth/smallmouth) Largest total combined stringer weight, total of six fish. PLEASE NOTE!!!!!—LOWER UNITS AND PROPS ARE NOT IN SEASON THIS TIME!!! Cost: \$20 per boat (two person teams) Points of contact are: LT Proctor 534-1954, MMC Hickey 534-1678, AT1 Couch 534-1530

Continue to check the POD for more information

Montgomery GI Bill

The Montgomery GI Bill (MGIB) Program benefits increase means more money for college. Effective immediately, MGIB Program benefits will increase to \$35,460. That's \$985 per month for full time enrollment (pro-rated for less than full time) for 36 months. Active duty Sailors can also use MGIB to supplement any portion of tuition and fees not covered by tuition assistance. See your personnel office/PSD for details on "booster" enrollment eligibility. Requirements are outlined in NAVADMIN 103/01.

Military records on CD

Navy Personnel Command now provides official military personnel files on compact disk. This CD replaces the microfiche records and permits Sailors to view and print their entire record from any PC with Microsoft Internet Explorer 5.5 or higher. In addition to service record documents, the CD includes tools and information to help Sailors update and correct their records, as well as links to important web sites. There is no change to policy or procedures for ordering records. Commands will continue to request records per MILPERSMAN 1070-150.



GEN REC GYM

STILL KICKIN

STORY AND PHOTOS BY JOSN BENJAMIN JARVELA

Imagine winning a free gym membership, your very own personal trainer, access to all the latest video games and computers, pool tables, and the opportunity to join an organized league for almost any sport you can think of. All of this free of charge. Does it sound too good to be true?

For USS Dwight D. Eisenhower (CVN 69) Sailors and their families, it's not the grand prize to the latest radio give-a-way - it's the Generation Recreation Gym (GEN REC) located in Huntington Hall. The facility, which is open to all IKE and SUPSHIP (Supervisor of Shipbuilding) personnel, was made available by Navy Mid-Atlantic Morale, Welfare and Recreation (MWR) for the service members stationed onboard IKE while the ship undergoes a three-year Refueling and Complex Overhaul in the Northrop Grumman Newport News Shipyard.

"Our main goal here is to keep Sailors fit," said Chris Harper, the fitness and sports coordinator at GEN REC. "That and educating people on how to use the equipment we have. You can't just walk in, run for 10 minutes, lift a few weights and call it a day. You have to know what you're doing."

Harper, along with Marla McGuinness, the gym's recreation coordinator, are responsible for maintaining the gym and assisting those who make use of the facility. Between the two

of them, they're responsible for thousands of dollars worth of exercise and recreation equipment.

"This is one of the best gyms I've ever seen," said Harper, who also serves as the gym's on-site personal trainer and is a certified command fitness leader. "We've got half a dozen of the best treadmills on the market today, the whole line of Hammer Strength equipment, and an enormous collection of rubber coated free weights, not to mention all the video games, computers, and other

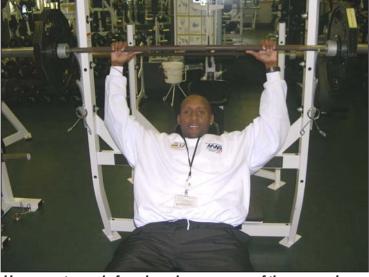
recreation equipment we have on hand."

According to Harper, the gym also offers a Micro-Fit evaluation free of charge. Micro-Fit offers Sailors a total-body analysis of an individual's fitness level through computerized testing of height, weight, body fat, aerobic fitness and strength testing.

"We wire the people into the system," Harper

explained, holding up the chest harness used in the evaluation process. "This keeps track of all your vital signs throughout the test, and logs them in this computer. Once the testing is complete, we get a total breakdown of all that person's statistics, their strong and weak points and what they can do to improve. After a few weeks, we bring them back in here and test them again to see what kind of progress has been made."

The test takes approximately 30 minutes to complete, depending on each individual's fitness level. Harper can also put inter-



Harper gets ready for a bench press, one of the many pieces of equipment available free of charge at the gym.

ested Sailors in touch with dieticians and nutrition counselors following the test to ensure everything that can be done to improve that person's level of fitness is being looked at.

The gym also offers a variety of fitness and health related contests to motivate those interested. One example is the upcoming "Fitness Bingo" which began Oct. 1. Contestants will be given one entry for each 20-minute strength or cardio workout or 10-minute flexibility workout they complete. Those Sailors lucky enough to complete a straight bingo or blackout the entire card will receive a prize on a weekly basis throughout the months of October and November.

For those interested in more group-oriented activities, Harper also supervises and coordinates a variety of Navy-league sports, such as basketball, flag football, soccer, and softball. The leagues are available to all IKE Sailors and can often serve as a springboard to bigger and better thing.

"Many times, people who start off in smaller Navy leagues often move up to all-Navy sports teams and events. Just a little while ago, we sent a Sailor to a boxing camp in California who's going to be moving on from there," said Harper. "That's the dream job for a lot of people when you're transferred to an all-Navy team,

See GYM, Page 8



GEN REC contains multiple pool tables, ping-pong tables, and a variety of arcade games, as well as the latest video game systems available for use.

Friday. Oct. 3, 2003



FRIDAY

DISNEY ON ICE

Continues all weekend Hampton Coliseum 1000 Coliseum Drive Hampton More Info: 838-5650

EL KABONG IN CONCERT

Friday and Saturday 9:30 p.m. - 1:15 a.m. South Beach Grill 1091 Norfolk Ave. Virginia Beach

More Info: EL Kabong Hotline 638-0192

SATURDAY

HOWL-O-SCREAM

10:00 a.m. - 10:00 p.m.
Parkwide at Busch Gardens Williamsburg
1 Busch Gardens Blvd., Williamsburg

HUNT CLUB FARM'S HARVEST FESTIVAL

\$2- 15

2 - 6 p.m. Wed. - Fri, 10 - 6 p.m. Sat. & Sun. Hunt Club Farm 2700 London Bridge Road, Virginia Beach More Info: Angie Trahan 301-2884

FALL FLING

5 - 9 p.m.

North Landing next to the new Renaissance Portsmouth Hotel More Info: Lonny Staylor 664-2561

- Sunday

PEPSI NFL PASS, PUNT, AND KICK CONTEST

3 - 4:15 p.m.

Great Neck Middle School 1848 Great Neck Road, Virginia Beach More Info: Peter Langlands 435-9269

BEAD MERCANTILE

10 a.m. - 5 p.m.
Holiday Inn
814 Capitol Landing Road
Williamsburg
More Info: Meredith Paynter 467-6300



Call MWR @ 534-1609 with any questions

AMC MOVIE TICKETS	\$3.00	\$5.00	IKE 25 TH	7/ 11 7/ () ID	ADITIA	
REGAL MOVIE TICKETS				WITWI CH	LYDT1 [†] T U	
SUPER SAVER	\$3.00	\$5.00				
PREMIUM SAVER	\$5.00	\$6.50	IKE 25 [™] BALLCARDS	\$0.50 EACH	3 @ \$1.00	
BUSCH GARDENS SEASON PASS	}		INE 23 BALLOANDO	10 @ \$3.00	20 @ \$5.00	
(GOLD)	\$90.00	\$99.00		10 @ \$3.00	20 @ \$5.00	
(SILVER)	\$67.00	\$69.00	IKE 25 [™] 8x10 PHOTO	1 @ \$3.00	2 @ \$5.00	
BUSCH GARDENS DAY TICKET	\$24.00	\$28.00	IKE 23 8X 10 PHOTO	5 @ \$10.00	2 @ \$5.00	
	4 =	4		3 @ \$10.00		
WATERCOUNTRY USA - ADULT T	ICKET \$21.00	\$27.00	IKE 25 TH COIN		\$5.00	
WATERCOUNTRY USA - CHILDRE	NS \$17.00	\$21.00			ψ3.00	
			IKE 25 [™] T-SHIRT		\$10.00	
KINGS DOMINION DAY PASS	\$17.00	\$20.00	IKE 25 TOTIKT		φ10.00	
			IKE 25 [™] POLO SHIRT		\$15.00	
TIDES BASEBALL TICKET VOUCH	HERS \$4.00	\$5.50	INCE 20 1 OLO OFFICE		Ψ10.00	
ENTERTAINMENT BOOKS 2003	\$20.00	\$25.00	IKE LONG SLEEVE SHIR	т	\$15.00	
2000 MILLENNIUM CRUISE BOOK	\$30.00	\$42.00	INC LONG SELLVE SI III	\ I	ψ.0.00	
FREEDOM PATCH	\$2.00	-			4	



CFC A small contribution can make a big difference

BY JO1(SW) Mike Kramer

A contribution to the Combined Federal Campaign (CFC) isn't a donation so much as it is an investment.

For \$5 a month, a Sailor can buy and protect one acre of unprotected tropical rain forest. A contribution of \$10 a month can buy an emergency shelter for an earthquake victim. For \$15 a month, 15 women returning to the work force can attend a career workshop to help ease the transition. A \$30 a month contribution can provide 30 homeless women and children a night of food and shelter. And \$40 a month can fund training to get a young man out of a gang and into

a productive job.

These are just a few examples of how each individual's CFC investment can make a difference worldwide.

"The purpose of the CFC is to give Sailors a chance to assist people in their local communities and around the world," said LT Mike Morgan of AIMD, USS Dwight D. Eisenhower's (CVN 69) CFC coordinator. "Sailors' contributions will allow meals for hungry children, relief for families in need of counseling, further research on cures for diseases, comfort for the terminally ill and support for victims of Hurricane Isabel."

The 2003 CFC Fund Drive started

Sept. 15 and ends Oct. 31. IKE's two goals during the drive are to contact 100 percent of the crew and to raise a total of \$92,000.

"The key item to 100 percent contact is that each Sailor must turn in a pledge card stating whether or not he wishes to donate," said Morgan.

To break down the second goal, the \$92,000 Morgan hopes IKE can raise averages to about \$33 per Sailor per year, or less than \$3 per

month. Although the fund drive started slowly this year because of Hurricane Isabel's visit to Hampton Roads, Morgan is pleased with the campaign's progress and is optimistic about reaching both goals.

"We've made up for lost time in a hurry, and we're on a good pace now," he said. "At this time, we're at 33 percent of both our contact and monetary goals."

As a supplement to the pledge cards that departmental CFC representatives are currently distributing, a donations jar is available on the mess decks during lunch. Cash contributions to this jar will go to the

CFC General Fund.

The Combined Federal Campaign is the annual fund-raising drive conducted by federal employees in their workplaces each fall. Each year federal employees and military personnel raise millions of dollars through the CFC that benefits thousands of non-profit charities.

The CFC's tradition of commitment to the community through the efforts of federal employees began in the early 1960s. Seeing a need to bring the variety of fund raising efforts under one umbrella, government employees developed the idea to merge the assorted charity drives into one campaign, once a year. In 1961, by Executive Order 10927,



Combined Federal Campaign

President John F. Kennedy made the CFC a reality.

By affording the opportunity to select charities of their choice from a single brochure and contribute through payroll deductions, the CFC allows federal employees to donate generously to any of literally hundreds of worthy causes.

The CFC is the only authorized solicitation of employees in the federal work place on behalf of charitable organizations.

CNO STRESSES OPPORTUNITY FOR ALL

McLEAN, VA (NNS) — The Chief of Naval Operations did not mince words on his vision for Sailors who will lead the future Navy, saying we need to "create a sense for everyone that the Navy is committed to their personal growth and development from the moment they begin naval service."

Adm. Vern Clark made his comments Sept. 22 to a team of more than 40 Sailors and civilians, officer and enlisted, who make up a working group focused on diversity in the Navy. The group's mission is to provide fleet perspective on the Navy's diversity definition, vision and mission. It does this by calling on everyone's experiences and backgrounds to hash out the need to focus on diversity and communicate that need.

"We are moving toward the future to create the 21st century Navy and 21st century human resources system for that Navy," said Clark. "This Navy will rely on one of our unique asymmetric advantages - the genius of our people."

Members of the team Clark addressed included representatives from Commanders of the Pacific and Atlantic Fleets, as well as various other commands from around the world.

Master Chief Fire Controlman (SW) Bobby Maddox, equal opportunity advisor for Afloat Training Group Pacific, said, "The fleet is mission ready now, but I wonder how much more ready we could be if we

expand the talent pool of our Sailors.

"What everyone brings in to the Navy based on their own experiences and education - their personal tool box - is what we'll need to use against the enemy of tomorrow."

CNO emphasized the importance of education in creating the 21st century Navy, saying, "The force of the future will be much more highly educated."

Explaining the need for a more educated force, Clark said, "The DD(X) we'll employ in the future will have closer to 100 Sailors than the 300 Sailors we have on

destroyers today. These 100 or so Sailors will have to be the best, most talented Sailors we've ever seen."

Clark addressed the question of why the Navy is focused on a See CNO, Page 8



Friday, Oct. 3, 2003

• GYM

Continued from Page 5

that becomes your new duty station. You're getting paid to work out to participate in that sport.'

While Harper and McGuinness are ultimately responsible for the gym's operation, Harper was quick to point out that it couldn't be done without the help of the commands involved and the Sailors they send to augment the operation.

"We've got 12 Sailors temporarily assigned to us right now, and we couldn't get by without them," he said. "Having these Sailors work here has really been one of the most rewarding parts of this job. I've gotten the opportunity to help a lot of people improve their lives and formed some really significant relationships with them and the Sailors that pass through our doors."

While the majority of IKE Sailors are aware of GEN REC, according to Harper, not many are completely up to date on just what the facility has to offer.

"Take me, for example," he said. "When I'm doing personal training outside the Navy, I'll charge anywhere from \$25 to \$50 an hour. While I'm here, I'm completely free for anyone that wants to take advantage of the service. I have a job because of the Sailors and I'm here to help them."

GEN REC is open from 5 a.m. until 11 p.m. Monday through Friday and 8 a.m. through 11 p.m. on weekends. For more information on the services and equipment offered or to schedule a Micro-Fit evaluation, call (757) 688-7553.

CNO: Navy provides opportunity

Continued from Page 7

strategic diversity agenda, and issued a call to action by saying, "We live in a world, like it or not, where we're judged. If others don't see something happening, they assume you're not working."

In the short term, this explains the Navy's commitment to diversity, but for the long term it's insufficient, said Clark. "We can't have the Navy of the future without a strategic focus. This strategic focus on diversity - much more than the visual of someone's race and sex - is about giving everyone a chance to make a difference."



Chief of Naval Operations ADM Vern Clark and

Naval Leader Training Unit Coronado, Calif., instructor Petty Officer 1st class Marc Baldwin review the work of Petty Officer 1st class Bernardo Marez of USS Constitution.

Responding to the CNO's challenge, the working group is broken down into four distinct teams, each tasked with specific goals and objectives. The four groups are recruiting, development and training, organizational alignment and communications. These groups match the organizational pillars of the Navy's strategic diversity initiative, which are designed to achieve the vision Clark described.

The Recruiting team will work on ways to ensure recruiters have the tools necessary to bring in the broadest talent pool available across the country. The Development and Train-

> ing team will work to ensure every Sailor and civilian working in the Department of the Navy not only understands how having a diverse workforce helps make the Navy more combat capable, but experiences the vision Clark described. The Organizational Alignment group is chartered to make sure the work supports CNO's Sea Power 21 plan. And the Communications team is tasked with increasing general diversity awareness, why it's important to the Navy of the future, and how it will help preserve opportunity for Sailors and civilians.

> "Your work is important to the institution," said Clark to the group. "While it's wonderful that we're winning the battle for people, we should all be proud of the highest retention we've ever seen, and manning and readiness have never been better. There is no better time than now to spotlight diversity."

NAVAL HISTORY WEEKLY



1800 - United States concludes Treaty of Peace with France, ending quasi-war with France.

1946 - U.S. government announces Navy units would be permanently stationed in the Mediterranean to carry out American policy and diplomacy.

1954 - Commissioning at Groton, Conn., of USS Nautilus (SSN 571), the world's first nuclear-powered ship.

HOLIDAY SEASON MAILING DATES

MECHANICSBURG, Pa. (NNS) — The Naval Supply Systems Command's Postal Policy Division, in cooperation with the U.S. Postal Service and military postal officials from all of the services, notes that it's not too early to mail 2003 Christmas cards, letters, and packages to and from military addresses overseas. In fact, everyone is encouraged to beat the last minute rush, and bring holiday mail and packages to the nearest U.S. Post Office or APO/FPO military post office by the suggested dates listed below.

For military mail addressed to APO and FPO addresses, the mailing dates are: Parcel post - Nov. 13 Space available - Nov. 28

> Parcel airlift - Dec. 4 Priority mail, first class cards and letters - Dec. 11

For military mail from APO and FPO addresses, the mailing dates are: Space available - Nov. 20 Parcel airlift - Dec. 4

Priority mail, first class cards and letters - Dec. 11

